

# ASHEVILLE WARD RELIEF SOCIETY

May, 2022

## 'Walk in My Shoes' Activity

WHEN: May 19 at 7pm

WHERE: Ward Building

WHAT: Bring one pair of shoes that is meaningful to you, and be prepared to share why. Bring another pair of shoes (or multiple!) to donate to Ukraine. The Stay family will also be talking about their experiences with helping Afghan refugees, and sharing ways we can all help.



## BIRTHDAYS



May 7- Karen Holt

May 10- Elizabeth Jones &  
Nora Medina Palma

May 11- Mya Hamilton & Carol  
Woodward

May 15- Brittany Helmuth,  
Maya Nakano & Taeya  
Robison

May 16- Heather Hansen

May 18- Judy Flaschar

May 24- Whitney Donohue

May 25- Marie Behm

May 27- Jesse Kitt

May 29- Sandra Lohmann

## A Quick Mother's Day Note

Mother's Day looks a little different for everyone. Some approach it as young mothers, desperate for a little peace and quiet. Others approach it as empty nesters, missing the days when they had young ones at home. Some approach Mother's Day feeling grief and sadness for children they lost, mothers they lost, or perhaps, not having a child or a mother to grieve in the first place. And so, Mother's Day is a day that can be wonderful and difficult at the same time. Regardless of individual circumstances, there is one mother, *The Mother*, who we can feel connected to this Mother's Day. Latter-day revelation testifies of a Heavenly Mother, whose image we were all created in. 'The Family: A Proclamation to the World' succinctly states that we are all sons and daughters of heavenly **parents**. Not only were we created in the image of a Heavenly Mother, but we know that She cares and watches over each one of us. President Harold B. Lee once said, "We forget that we have a Heavenly Father and a Heavenly Mother who are even more concerned,

probably than our earthly father and mother, and that influences from beyond are constantly working to try to help us when we do all we can.” It’s a unique experience to be a woman, and we are not alone in that identity. We have a Heavenly Mother who is watching us, guiding us, understanding us. This Mother’s Day, take the time to thank your mother or the mother figures in your life; to acknowledge yourself and all the hard work you do; to reflect on how you can be a better mother figure for those around you; and perhaps, to seek a deeper testimony of Mother in Heaven. Let’s all support and love each other through this day (and always!). Happy Mother’s Day.



*“In the heav’ns are parents single? / No, the thought makes reason stare; /  
Truth is reason- truth eternal /  
Tells me I’ve a mother there.” - Eliza R. Snow*

Picture from: [lilyandluca.com](http://lilyandluca.com)