ASHEVILLE WARD RELIEF SOCIETY

April 30 – May 7, 2021

Elder Bednar's Pattern for Studying Conference Talks- Doctrine, Invitations, Blessings

It is not uncommon to leave Conference weekend feeling spiritually rejuvenated... and a little daunted by what comes next. We're truly blessed to have this weekend twice a year, where we are just flooded with inspirational messages. But it can also feel intimidating to go to study these talks- How do we possibly tackle them all? How do we allow them to take root in our lives? Elder Bednar has shared his own method for studying Conference messages- it is very practical and systematic! He said:

"The basic pattern is to identify the fundamental doctrine or principle that is being taught, find invitations to act related to that doctrine or principle, and then recognize the promised blessings that will come as we act in accordance with that invitation."

While Elder Bednar's approach to studying Conference talks is not required by any means, patterns can provide much-needed guidance and clarity in our lives. In Doctrine and Covenants 52, we read that the Lord will give a pattern in all things. Let's consider adopting some kind of pattern for study in our lives this post-Conference season. You might consider making columns in your notes with the headings "doctrine, invitation, blessing." However you decide to do it, we hope you all can find ways to study Conference that work for you. If you feel like you have a good pattern for study, we would love to share it!

HELPING OUR SISTER MISSIONARIES

Mission guidelines have recently changed, making it so that our sister missionaries cannot teach men alone. They are in need of adult sisters and couples to accompany them on their lessons. Please consider contributing to our ward mission effort in this way.

May 2021 Worldwide Devotional for Young

The Church will be broadcasting a worldwide devotional for young adults or May 2nd at 6:00pm MT. You can access the devotional on the Church website.

"We invite all young adults (ages 18-30), both single and married, and students who will be finishing high school or the equivalent... to participate."

COME FOLLOW ME WEEKLY READING

Apr 26-May 2 D&C 45 May 3-9 D&C 46-48

May 10-16 D&C 49-50 May 17-23 D&C 51-57



GET TO KNOW OUR NEW MISSIONARY: SISTER OLIVIA FREIDENBERGER - HER WORDS -

"I'm Sister Olivia Freidenberger! I am from Boise, Idaho, and I've been a missionary in the Tennessee Knoxville mission for 8 months now. I was originally assigned to the Lyon France mission, but am LOVING it here in the South. I have 2 sisters, and loved cheering and playing lacrosse in high school. I did a year at Brigham Young University studying Biology. Some of my favorite things are watching sunsets, making friendship bracelets, hiking, going on leisure drives, eating ice cream, and of course being a missionary! I love sharing the Gospel, and one of my favorite scriptures is Alma 37:6-7!"

Family History Consultants

Georgia Carland: (828) 301-1485

RaeAnn Collier: (828) 684-2463

Rodney Davidson: (828) 450-5127

Missionary Meals

Please sign up to feed our sister missionaries on the ward website. Missionaries can eat in members' homes, where they will wear a mask when not eating. If you would be more comfortable, you can always prepare a meal and have the sisters come pick it up.

Freezer Meals

We are compiling a list of sisters who would like to be contacted whenever someone in the ward needs meals. If you would like your name to be added to this list, please text/

(385) 335-3488 eriniones1029@gmail.com

NOTE: Some sisters have had trouble with accessing the ward missionary calendar/ making edits. If you find yourself in this group, you can contact Amy Eliason (she will put you on the calendar!).

(530) 999-8005