

Rate your personal scripture study based on the following:

	Never	Occasionally	Sometimes	Often	Almost Always
I think about specific people when I study.					
Throughout the day, I think about what I studied.					
As I study, ideas come to my mind that have not occurred to me before.					
I record spiritual impressions and ideas in an appropriate place.					
I fall asleep as I study.					
I look forward to personal scripture study.					

This week, I will improve my personal scripture study by:

- 1.
- 2.

Additional Questions to Consider

What impressions have you had recently in your scripture study?

What chapter or section of the scriptures has helped you most in the past two weeks?

What are you doing in your personal study that helps you learn the most?